



# Telemark 2019 Sports Activity Report

There was a big start to the year with Georgina Falster from Queanbeyan participating in the team event of the Sri Chinmoy Multisport Classic in Jindabyne. It included a running relay, swim leg in Lake Jindabyne and mountain bike leg. Georgina put in a tremendous effort and her team came third overall. Well done Georgina.

Many other Telemark members used the summer months to walk the main range and other alpine tracks to enjoy the scenery as well as train for the upcoming ski season.

June saw the snow falling, sun shining and wind blasting but telemark people were not put off by a bit of bad weather and managed to complete some downhill runs on skis and snowboards. Always looking on the bright side of things when the T-bars were on wind hold some swapped their skis for boots and went for a walk instead.

In July Georgia, Madeleine and Isabelle Short all competed in the Alpine and Ski Cross Inter Schools races for the second year in a row. They improved their confidence and skills and were proud to fly the Telemark flag. By mid-July there was enough snow to fire up the Cross Country skiing and although the wind was tough going, a number of intrepid Telemark folk ventured out to Blue Cow and beyond on the skinny skis.

The first week in August was a big week for the Cross Country skiers entering in a number of events throughout the week. Cooma Open, Boonoon Open, Charlotte Pass Open, KAC Classic Sundeck Cup and of course the Night Relays. The Women's team (The Telemark Pikelets) were unable to defend their title from last year but the Men's team (The Telemans) won by a good margin. Each time a member of a club entered an event, a tally was placed



against their club and at the end of the week the tallies were counted. With members and guests amazing effort during the week, Telemark managed to top the charts and was declared the Club Champion for 2019. We won the brass ski perpetual trophy and \$1000.00 to spend at the Sundeck or Tathra Pub. After all the cheering subsided the decision to enjoy a coastal dinner at Tathra in November was organised. It was

wonderful to get the team back together and enjoy our win in the sunshine of the beautiful coastal village.

The rest of August proved to be a good snow cover which allowed many members to ski, snowboard and snowshoe around the valley. Younger Telemark folk improved their ski skills by attending ski school and Oliver was proud to meet his goal and progressed to using "poles" on his final ski school day. Zara managed 5 downhill ski days and was able to squeeze in a couple of cross country skis to North Perisher, Perisher Village and the Nordic Trails. The Telemark snow sculptures put their skills to great use and made a series of amazing snow arches for skiers to zoom through on their way down to the lifts.



By September the weather was certainly beginning to turn and spring skiing was fun and with the longer days plenty took advantage of the good snow cover. The blue skies added to the magic of the mountain and skiing, boarding and walking were all options for this month.

As the snow melted the crowds subsided and the fisher folk moved in to once again enjoy the solitude and peace of the fresh mountain streams as they gurgle their way to the coast, passing snow gums, mountain ash, tall timbered forest and sand dunes before entering a new adventure in the sea.

Sonja T Sim, Sports Coordinator

